

Invitational Programs

Hillcrest Competition Pathway – Building Skills for Future Tournament Play

RED BALL FUTURE STARS (ages 5-6)

Invitational group based on demonstration of commitment to clinic and practice day. Emphasis on athletic and technical development to progress from Red to Orange to Green in the Competition Pathway.

Clinic Times: Tuesday 4:30 - 6:00pm, Saturday 10:30 - 12:00pm **Organized Practice:** Friday 5:00-6:00pm or Saturday 12:30-1:30pm **Cost:** \$259/\$249 member

ORANGE BALL FUTURE STARS (ages 7-8)

Invitational group based on demonstration of ability and commitment to clinic and practice day. Emphasis on athletic skills, technical, and tactical development through game play drills and match play. Building competitive skills and character traits needed for future tournament play.

Clinic Times: Tuesday 4:30 - 6:00pm, Saturday 10:30 - 12:00pm **Organized Practice:** Friday 5:00-6:00pm or Saturday 12:30-1:30pm **Cost:** \$259/\$249 member

GREEN BALL FUTURE STARS (ages 9-10)

Invitational group based on commitment to clinics and demonstration of high tactical and technical competence. Emphasis on technical and tactical competencies and athletic development in an intense 2-hour clinic.

Clinic Times: Tuesday 4:30 - 6:00pm Saturday 10:30am - 12:30pm **Organized Practice:** Friday 5:00-6:00pm or Saturday 12:30-1:30pm **Cost:** Tuesday - \$259/\$249 member, Saturday - \$329/\$319 member

JUNIOR EXCELLENCE TOURNAMENT TRAINING (ages 11-14)

Invitational group for committed juniors with a high level of technical and tactical competence that is a pathway for top High School play and participation in competitive USTA tournaments. Saturday Clinic includes physical fitness component.

Clinic Times: Tuesday 4:00 - 6:00pm, Saturday 9:00 - 11:30am (Fitness 11:00 -11:30am)

Organized Practice: Friday 4:00-5:00pm or Saturday 1:30-2:30pm

Cost: Tuesday-\$329/\$319 member, Saturday-\$399/\$389 member (includes Fitness)

TOURNAMENT PERFORMANCE TRAINING (ages 15-18)

Invitational group for juniors actively playing year-round, competing in USTA events and top level play on their High School teams. Thursday and Saturday Clinics include physical fitness component. Saturday Clinic is weekly per-time registration only.

Clinic Times: Thursday 4:00 - 6:00pm (Fitness 6:00 - 6:30pm),
Saturday 2:30 - 5:30pm (Fitness 2:30 -3:00pm)

Cost: Thursday-\$359/\$349 member, Saturday-per day, \$75/\$70 member



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Register online at www.hillcrestracquetclub.com

Register in person at Front Desk or Call 610-779-7900

4401 Perkiomen Avenue
Reading, PA 19606

610-779-7900