

Hillcrest Evolution

Adult Tennis Clinics

GROUP LESSON PROGRESSION



*Welcome to your Adult Pathway,
a simple progressive approach to
higher levels of play.*

Beginning Levels (2.0-2.5)

Fundamentals 101 Learn the foundation of skills to rally and play the game.

Clinic times: Tuesday 9-10:30am; Tuesday 7:30-9pm, Thursday 9-10:30am

Practice times: Wednesday 12-1:30pm; Friday 1:30-3pm; Sunday 9-10:30am

Intermediate Levels (2.5-3.0)

Fundamentals 201 Develop consistency, advance skills and strategy.

Clinic times: Monday 9-10:30am; Thursday 7:30-9pm, Saturday 9-10:30am

Practice times: Wednesday 12-1:30pm; Friday 1:30-3pm; Sunday 9-10:30am

Adv. Intermediate Levels (3.0-3.5)

Adult 3.0-3.5 Progression Clinic Improving consistency and direction with greater speed and basic strategy.

Clinic times: Tuesday 10:30am-12pm; additional clinics times can be added based on having 4 students to run a clinic.

Advanced Levels (4.0+)

Adult 3.5-4.0 Progression Clinic Advancing strokes with greater variability for a higher level of doubles play.

Clinic times: Thursday 12-1:30pm; additional clinics times can be added based on having 4 students to run a clinic.

Session Dates (8 week per session):

Session 1 Sep 10 - Nov 4

Session 2 Nov 5 - Jan 20 (off Nov 19-25; Dec 24-Jan 6)

Session 3 Jan 21 - Mar 17

Session 4 Mar 18 - May 12

Session 5 May 13 - Jun 10 (4 week session)

Session 6 Times TBD



Cost:

Fund. 101 & 201 - \$209, \$199 member

Introductory offer for new students - \$179 (90 min clinic and practice)

3.0-3.5 & 4.0+ - \$209, \$199 member (90 min clinic)

REGISTER AT www.hillcrestracquetclub.com, call 610-779-7900, or at the front desk

** Please see policy sheet regarding make-ups and refunds.